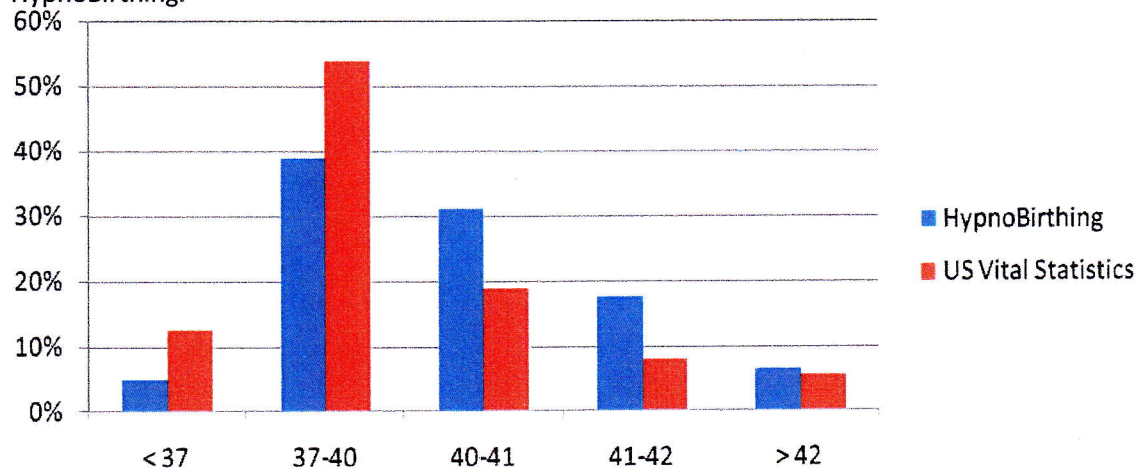


Choice of Care Provider: 45% of HypnoBirthing[®] mothers who birthed vaginally chose obstetricians and 57% chose midwives, including CNMs and direct entry midwives. By comparison 79% of the respondents to LTM II were attended by obstetricians.

93% of HypnoBirthing mothers rated the quality of supportive care they received from their care providers as “good” or “excellent.” 86% percent rated the supportive care from nursing staff at the hospital or birthing center “good” or “excellent.”

Birth Place: LTM II and US Vital Statistics show reported less than 1% of births took place at home or in a free-standing birth center. 7% of HypnoBirthing[®] mothers birthed at home and 6% chose a free-standing birth center, with the remainder birthing in hospitals.

Figure 3. Gestational Age: Gestational age for HypnoBirthing babies shows a more bell-shaped distribution than the national data. That is most likely due to the lower rate of labor induction for HypnoBirthing.



** US Vital Statistics does not differentiate between 37 and 40 weeks

Figure 4. Low Birth Weight and Large Infants: HypnoBirthing mothers reported fewer low birth weight babies and more large babies than indicated by LTM II and the U.S. Division of Vital Statistics. The fact that more HypnoBirthing babies are born beyond 40 weeks may certainly contribute to the differences, but the two comparison groups include a much wider cross section of the population and the differences are most likely due many factors.

