



HypnoBirthing® Outcomes United States, 2005-2010

Between October 2005 and October 2010, the HypnoBirthing Institute received 2001 Parents' Birth Reports from United States.

For comparison, HypnoBirthing® data are compared to Listening to Mothers II Report of the Second National U.S. Survey of Women's Childbearing Experiences. New York: Childbirth Connection, October 2006, www.childbirthconnection.org/listeningtomothers, (hereafter abbreviated as LTM II.) Limited comparison data are also available from "Births: Final Data for 2007", by Joyce A. Martin, M.P.H.; Brady E. Hamilton, Ph.D.; Paul D. Sutton Ph.D.; Stephanie J. Ventura, M.A.; T.J. Mathews, M.S.; Sharon Kirmeyer, Ph.D.; and Michelle J.K. Osterman M.H.S.; Division of Vital Statistics. National Vital Statistics Reports, Volume 58, Number 24 August, 2010

Figure 1. Labor interventions: HypnoBirthing® mothers used far fewer interventions during their labors than mothers in the comparison groups:

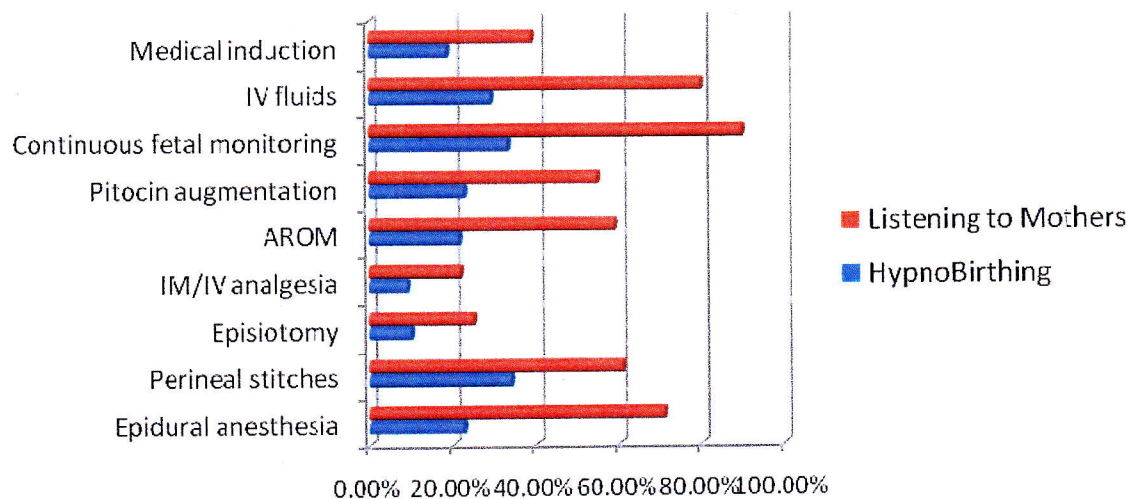


Figure 2. Cesarean section: HypnoBirthing® mothers experienced surgical birth (Cesarean section) at a much lower rate (17%) than that reported by LTM II (32%) or the U.S Division of Vital Statistics (31.8%). Data does not differentiate between primary and repeat Cesareans.

